

RUTGERS

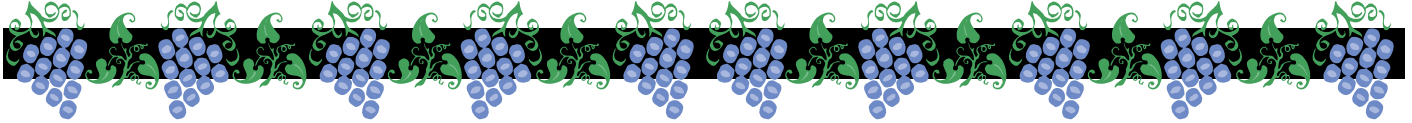
New Jersey Agricultural
Experiment Station

www.warren4-h.org

 **4-H**  **SET**
Science, Engineering & Technology



Family Grapevine
Information for 4-H families
January/February 2024



From the Desk of
the Agent



**HAPPY
NEW YEAR**

**Happy New Year
to our 4-H family!**

We look forward to
another great year
with you!



WE **R** HERE WHEN YOU NEED **US**



Reminders

The Next 4-H Leaders Association Meeting

January 31, 2024 via Zoom 7:30 pm
All registered Warren County 4-H leaders are welcome.

If you prefer a hard copy mailed to your address, please call the office and confirm your updated contact information so we can send you a paper copy. We will only send paper copies to those families that contact us. We hope that 4-H families take advantage of the Grapevine online and help us save the environment.

The Jr. Breeder Loan Program

A great program for young adults already participating in 4-H to acquire livestock via a low-interest livestock loan. Contact the 4-H office for the forms and additional information.



Going to Rutgers?????
Going to miss 4-H????
No Need! You can join the Collegiate 4-H Club
They do much to support 4-H in NJ

Our Mission

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.



This mission is accomplished by using the knowledge and resources of the land grant university system, along with the involvement of caring adults.

Family Grapevine
Bi-Monthly Newsletter
Rutgers Cooperative Extension
165 County Route 519 South
Belvidere, NJ 07823
(908) 475-6502
www.warren4-h.org

Alayne J. Torretta, County 4-H Agent
Michelle Teitsma, 4-H Program Associate
Alex Zolla, 4-H Secretary

Mark Your Calendars!

4-H Upcycling Sewing Workshop

4-H "UPCYLING" SEWING WORKSHOP

Learn basic stitching and gain confidence using a sewing machine to make a t-shirt tote bag! *For members in grades 4-13.*

We will also make flannel tie blankets as a community service project



WHEN: Monday, January 15, 2024 • 10am - 2pm

WHERE: Warren County 4-H Office
165 County Route 519 South
Belvidere, NJ 07823

COST: \$5 per member

BRING: 2 old t-shirts and a bag lunch

REGISTER BY FRIDAY, JANUARY 12:

<https://forms.gle/ywnBmmYgMYy82Q36A>

For more information or to register by phone, call the 4-H office at 908-475-6502.



RUTGERS
New Jersey Agricultural
Experiment Station
Cooperative Extension
Warren County

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners, Rutgers Cooperative Extension, a unit of the Rutgers-New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



Creative Creations 4-H STEP Club

Creative Creations 4-H S.T.E.P. Club



Each week we will create something new!

- ✿ Finger Knitting ✿ Cork Snowflakes
- ✿ Fairy Garden ✿ Upcycling with Nature

Open to youth in grades 3rd–8th
\$20/child for all 4 classes

Dates: Wednesdays, February 7; February 21; March 6; March 20

Time: 4:30pm–5:30pm

Location: Wayne Dumont Administration Building
Rutgers Cooperative Extension Meeting Room
165 County Route 519 South
Belvidere, NJ 08886

Registration is limited: Click <https://forms.gle/22H4eQPExdiGwre?>
or call 908-475-6502.

More Info: 908-475-6502 ✿ 4-h@co.warren.nj.us ✿ www.warren4-h.org



Legislative Leadership Experience

In its second year, this program aligns with the 2020 New Jersey Student Learning Standards for Social Studies. Lessons from the New Jersey Center for Civic Education, which is affiliated with the Rutgers University School of Arts and Sciences, are brought to life through hands on learning!

Teen participants in grades 9-12 will meet three times during this program, twice in person and once on Zoom. Youth must attend all meetings to be eligible to participate in the Capitol Experience on April 15. Excused absence letters for school will be sent to youth who complete all parts of the program.

Teens will be able to:

- Describe the role of the Legislature.
- Identify the requirements being a member of the New Jersey State Legislature.
- Explain how a bill becomes a law in New Jersey.
- Identify a public policy issue.
- Participate in a legislative hearing on an issue affecting an upcoming election, land use, environment, health, or other issue.
- Collaborate on the development of a proposal to address a problem facing New Jersey.
- Present a public policy proposal to the appropriate governmental officials.

We R 4-H

2024 NJ 4-H LEGISLATIVE LEADERSHIP EXPERIENCE

REGISTER NOW!

4-H MEMBERS GRADES 9-12

- FEBRUARY 25- 11 AM - 3 PM - Session 1 at Mercer County 4-H Office
- APRIL 15 - 9:30 AM - 3:30 PM - Session 2 in Trenton
- **REGISTRATION DEADLINE: February 1, 2024 - Space is limited!**

Take your 4-H civics lessons to the next level! Learn how a bill becomes a law, sharpen your communication skills, take part in a mock committee meeting and view one in person at the NJ State House! Cost: \$50 per person

For questions or more info: sbkinsey@njaes.rutgers.edu or visit <https://nj4h.rutgers.edu/citizenship/legislative-experience/>

Register at: <https://go.rutgers.edu/mznle2mp>



Global Food Security Coalition

JOIN THE 4-H GLOBAL FOOD SECURITY COALITION!

- Learn about global food security issues
- Work with a 4-H mentor to develop a research project
- Participate in virtual meetings to refine project
- Attend one time in-person writing retreat at Rutgers and meet other 4-H youth
- Present at the World Food Prize NJ Youth Institute at Rutgers New Brunswick March 1st, 2024 and earn Certificate as a Borlaug Scholar

**WEDNESDAYS ON ZOOM
JAN 3 - JAN 31, 2024
7-8PM
OPEN TO YOUTH GRADES 9-12**

REGISTER HERE:
[HTTPS://GO.RUTGERS.EDU/FY6MKR9L](https://go.rutgers.edu/fy6mkr9l)
OR WITH QR CODE

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Board of Food Development, Rutgers Cooperative Extension of Hudson County, Hudson County Department of Health and Human Services, a part of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



4-H Animal Science Video Contest and Film Festival

Videos along with entry form and media release(s) due March 4, 2024

Film Festival and Awards Presentation – March 23, 2024



Youth may work individually or as a team to create educational videos about alpacas, cats, cattle (beef/dairy), dogs, goats, herpetology, horses, llamas, poultry, rabbits, sheep, small animals, or swine to enter in the NJ 4-H Animal Science Video Contest. A selection of videos will be shared at the film festival during an afternoon session of the Junior Breeder Livestock Symposium. Youth of the top scoring videos will receive awards. Videos will be scored on educational value, creativity, clarity, pacing, and technical quality (sound, lighting, etc.). Youth are encouraged to have fun and be creative

in designing their video entries!

To enter your video in the contest, [register online](#) by Feb. 26. You will then receive a link to use to upload your video and media release form(s).

The Film Festival will be held in the Round House as an afternoon session of the Junior Breeder Livestock Symposium, March 23, at the Rutgers Cook Campus Farm. To participate in the film festival, you must register for the Junior Breeder Livestock Symposium – [NJ State 4-H Animal Science Video Contest and Film Festival : Animal Science : Rutgers New Jersey 4-H](#)



Junior Animal Science Symposium

SAVE THE DATE
Saturday,
March 23, 2024
at Cook Campus Farm
Rutgers—New Brunswick

Hands-on workshops in topics:
Equine * Swine * Small Ruminant (Sheep & Goat) * Large Ruminant (Cattle)
Poultry * Beekeeping * Rabbit * Cavy (Guinea Pig) * Small Animals *
Animal Science Video Contest

RUTGERS JUNIOR ANIMAL SCIENCE SYMPOSIUM 2024

Sponsored by the New Jersey Department of Agriculture Junior Breeder Program, in cooperation with Rutgers Cooperative Extension faculty and staff.

RUTGERS New Jersey Agricultural Experiment Station **NEW JERSEY**

CONTACT:
amelia.valente@njaes.rutgers.edu





2024 County Public Presentations

In-Person presentation events are BACK!

Dates and information will be available shortly for the 2024 county level public speaking events.

We will be holding at least 3 events in March at different locations around the county. One night will be in Hope, one in the Washington area and one in the Phillipsburg area. Locations are still pending. As soon as the dates and locations are confirmed, the registration packet will be sent out to all members.

Deadline to register for presentations is February 29, 2024



New website

<https://warren.njaes.rutgers.edu/4h/>

If you need information from our website, please use the one listed above. The old one (warren4-H.org) is currently not working but we hope to have it back up and running very soon.



Project Record Books

Don't forget to keep up with your record book for the 2023-2024 project year!

If you need a new record for the current project year, please visit

<https://warren.njaes.rutgers.edu/4h/record-books/> and download the specific book for your project area.

Keeping a record book allows you to track what you have learned and accomplished throughout the project year. It is also a very handy way to keep track of community service activities! Filling out your record book is a great asset when you go to fill out National Honor Society applications, Tri-M Honor Society applications as well as college applications. All your activities, community service, and goals are in one place!

A Record Book Cheat Sheet (a guide to help you fill your book out) will be emailed to everyone.





Build Your New Year's Resolution

with the 4-H Pledge

I pledge my HEAD to clearer thinking,

- Learn a new skill
- Organize your schedule
- Take a challenging class
- Read one book a week

my HEART to greater loyalty,

- Plan a weekly family game night
- Make family dinner a priority
- Set time aside to visit friends and family each month

my HANDS to larger service,

- Hold a food drive
- Volunteer at a pet shelter
- Plan a social event at a nursing/assisted living home

and my HEALTH to better living for my club, my community, my country, and my world.

- Exercise 5 days a week
- Drink 64 oz. of water a day
- Buy a new fresh fruit or vegetable to try each week

Horse News



Horse Leaders Meetings

January 10, 2024 via zoom

April 10, 2024 in conjunction with Equestrian of the Year Interviews

July 10, 2024 via zoom (if needed)

September 11, 2024 via Zoom



Winter Model Horse Show

January 20, 2024

The Winter Model Horse Show will be held on Saturday, January 20th at the Somerset County 4-H Center. Model Horse is a little bit different in which any registered 4-H member may participate in it, you do not need to be in a horse club!

Registration information can be found at <https://nj4h.rutgers.edu/horses/modelhorseshow/>

Registration deadline is January 12, 2024.



Horse Bowl

February 24, 2024

The NJ State 4-H Horse Bowl Competition will be held on Saturday, February 24 at the Cook Student Center on Rutgers Campus, New Brunswick. Registration information will be available shortly.



Tack Sale

March 16, 2024 (Tentative date)

The annual Tack Sale sponsored by the Horse Leaders will tentatively be held on Saturday, March 16 at the Independence Fire House. More information and the flyer will be available shortly.



Mark Your Calendar!

Equine Presentations & Art Show

March 16, 2024

Horse Judging & Hippology

April 6-7, 2024

Equestrian of the Year Interviews

April 10, 2024

Information and the application will be mailed to all eligible horse members early in February. Junior EOY is back for 2024!

Spring Model Horse Show

May 18, 2024

4-H Qualifying Show

June 2, 2024






News!

Environmental Steward Program

Make A DIFFERENCE In Your Community!
Become a RUTGERS ENVIRONMENTAL STEWARD!




Classes Begin January 2024!
Program Fee: \$325
REGISTER BEFORE 1/1/24 FOR AN EARLY BIRD SPECIAL PRICING OF \$300

A Rutgers Environmental Steward is a volunteer that is trained in the important environmental issues affecting NJ and works to help solve environmental problems.

- Weekly classes taught by leading researchers from Rutgers, Government, and the non-profit sector. Tuesdays 5:30-8pm. Approx. 11 Online and 5 In-Person sessions.
- Field Trips to environmentally significant sites are included.
- Topics Include: Climate Change, solid waste, recycling, soil health, alternative energy, water quality, habitat conservation, pollinator protection, & environmental policy.
- Complete a 60-hour project in your community to become certified.

Anyone can become an Environmental Steward!
No Previous Experience Needed. You simply need a passion for the environment, a desire to learn, & a willingness to volunteer to create a positive change in your community.

 **To Register or Learn More, Visit:**
envirostewards.rutgers.edu



Club Updates:

Teen Council

Teen council members adopted a local family of 5 for the 2023 holiday season and provided 2 meals as well as gifts. They also baked over 750 cookies for the Warren County Homebound Meal program in December.



Out of Our Shells

Marilyn Shanley reported that Diane Cannon Panella of Barber On Main surprised Out of Our Shells 4H last month with the most generous donation the club has ever seen! "As I spoke with Diane, she told me instead of purchasing Christmas Cards this year she used that money to purchase donations for the First Presbyterian Church of Blairstown, NJ food pantry. In that moment, I realized why Diane is so cherished in our community. She gets exactly what we are trying to do, she has an authentic spirit and a generous heart. Thank you Diane, Luke and Bridget for supporting Out Of Our Shells 4H with their food drive. It's because of people like you that make it possible to teach our children about community. We appreciate you!!" Head, Heart, Hands and Health ♥



Learn by Doing:

Finger Knitting Workshop

In December, five people attended the finger knitting workshop and made a chunky knit blanket. Two participants were adult volunteers with Warren County 4-H, one was a Sussex County 4-H member, and two were brand new to 4-H events!



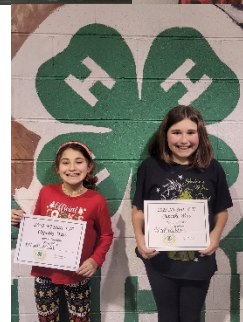
4-H Sewing Workshop Winter 2023

Eight youth participated in our two day Winter Sewing Workshop. Participants learned their way around a sewing machine and made 18" pillows as well as learned the basics of sewing on buttons.



4-H Cupcake Wars

Valentina and Vivian Maza participated in the annual 4-H Cupcake Wars hosted by Somerset County 4-H and took home 1st place!



Got club news? Send it to
4-H@co.warren.nj.us